

PLATES 6AM - 11AM

## **Champagne Breakfast 21**

Poached Eggs, Smoked Salmon, Cream Cheese on Rye Bread, Bowl of Berries, Glass of Champagne

### **English Breakfast 19**

Egg (Your Choice), Sausage, Black Pudding, Baked Beans, Mushroom, Charred Tomatoes, Bacon and Toast

#### **Continental Breakfast 16**

Pastry Selection and Toast Basket, Butter, Jam, Orange Juice

# Health Breakfast 21

Granola with Berries, Banana and Low Fat Yogurt, Egg White Omelette & Green Smoothie

## Pancakes with Caramlised Banana, Mixed Berries and Tonka Cream 13

With a choice of one of the following: Vanilla Ice-Cream, Strawberry Sorbet, White Peach Sorbet or Chocolate Ice Cream

#### French Toast and Maple Syrup 13

With a choice of one of the following: Sauteed Apple, Sauteed Pear, Caramelised Banana or Crispy Bacon

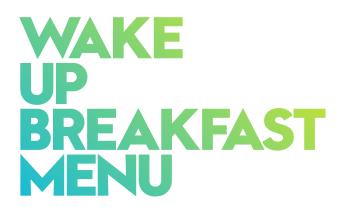
## Porridge with Milk or Water 9

Mixed Nut (Golden Raisin, Pecan, Pumpkin Seed), Honey and Cinnamon

# Avocado and Poached Egg on Sourdough Toast 12

### **Choice of Cereals 5**





FUEL 6AM - 11AM

## Chia Seed Breakfast Bowl 14

Banana, Chia Seed, Almond Milk, Raw Almonds, Hemp Seeds, Cinnamon and Dried Fruit

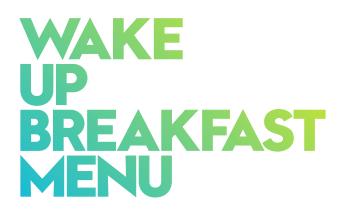
#### Wholesome Fruit Granola 13

Seasonal Fruit, Homemade Granola and Low Fat Yogurt

# **Blueberry and Coconut Baked Oatmeal 14**

Irish Oats, Coconut Milk, Almond Milk, Ginger and Vanilla





EGGS 6AM - 11AM

# **Benedict 17**

Muffin Bread, Honey Ham, Poached Egg and Hollandaise Sauce

### Royal 19

Muffin Bread, Smoked Salmon, Poached Egg and Hollandaise Sauce

### Florentine 15

Muffin Bread, Sauteed Baby Spinach, Poached Egg and Hollandaise Sauce

## W Tricolour 20

Sourdough Toast, Avocado Mash, Sauteed Baby Spinach, Smoked Salmon, Poached Egg and Hollandaise Sauce

#### Shakshuka 15

Tomatoes, Mozzarella, Basil and Sourdough Toast

## Eggs Your Way 11

Poached, Hard Boiled, Fried, Scrambled

## Omelette Your Way (3 eggs) 12

Choose from: Ham, Cheese, Tomato, Mushroom, Red Pepper, Onion, Spinach

